



US Club Soccer 2023-24 Virginia State Cup Competition Rules



Age Group	Roster Max/GD	Duration	Half-Time	Overtime/PKs	Format	Substitutions
11U (2013)	26 / 16	2 x 35 min.	10 min.	2 x 5 min.	9v9	Unlimited
12U (2012)	26 / 16	2 x 35 min.	10 min.	2 x 5 min.	9v9	Unlimited
13U (2011)	26 / 18	2 x 35 min.	10 min.	2 x 5 min.	11v11	Unlimited
14U (2010)	26 / 18	2 x 40 min.	10 min.	2 x 10 min.	11v11	Unlimited
15U (2009)	26 / 18	2 x 40 min.	10 min.	2 x 10 min.	11v11	No re-entry in half
16U (2008)	26 / 18	2 x 40 min.	10 min.	2 x 10 min.	11v11	No re-entry in half
17U (2007)	26 / 18	2 x 45 min.	10 min.	2 x 15 min.	11v11	No re-entry in half
18/19U (2005/06)	26 / 18	2 x 45 min.	10 min.	2 x 15 min.	11v11	No re-entry in half

General. These procedures are for Virginia State Championships and do not apply to VPSL league play or playoffs.

These 'Competition Rules' do not supersede local regulations, facility usage agreements, or CDC guidelines. Each club has posted a copy of their 'Return to Play' protocols on their website. Players, coaches, referees, and spectators are expected to adhere to all facility regulations, which shall be posted and available on each club's website.

Equipment. The home team is required to provide at league two (2) quality and properly inflated soccer balls.

Roster. Official US Club Soccer roster of up to 26 players with a maximum of 16 players (11U-12U) or 18 players (13U-19U) eligible for each game. Game Card with player rosters must be printed by both teams with players not participating scratched prior to kick-off. Teams may replace any player on the game day roster with a play on the official team roster prior to kick-off.

Write-in players are not eligible to participate.

Player Cards. US Club Soccer player cards (printed) are required for every player and coach. It is the referee discretion to check prior to each game. Cards may be requested by league officials in attendance for review. Disputes shall be reported to the league within 24 hours.

Coaches. **Referee shall check all coaching credentials prior to kick-off.** A maximum of 3 coaches are permitted in or around the technical area and must have a US Club Soccer card. **NO EXCEPTIONS.** Coaches can be written on to the game day roster accordingly.

Athletic Trainer. Strongly encouraged, not required.

Substitutions (11U-14U) Unlimited. Any stoppage upon approval of the referee. Substitutes shall enter the field of play at mid-field and leave the field of play at the point nearest their location unless otherwise instructed.

Substitution (15U-19U). No re-entry in the half. Any stoppage upon approval of the referee. Substitutes shall enter the field of play at mid-field and leave the field of play at the point nearest their location unless otherwise instructed.

Concussion Protocol. Any player suspected to have a concussion may be replaced by any eligible player. If an Athletic Trainer is present, it will be the sole decision of the ATC to determine a concussion. If no ATC is available, it will be to the discretion of the referee.

If a team has remaining substitutions, a temporary substitute may enter the game and shall remain eligible if replaced by the original player once he/she is deemed healthy to continue.

If a team is out of substitutions, they may re-enter a previously substituted player. The opposing team will gain an additional substitution to re-enter any player at their discretion. The player suspected of a concussion is ineligible for the remainder of the match once the additional substitution occurs.

Uniforms. Home team shall wear light colored jersey and socks. Away team shall wear dark colored jersey and socks. In the case of a color dispute (e.g. one team's light is the other team's dark), the away team shall change.

Additional Equipment. Players may wear additional equipment if in the determination of the referee it meets the standard of safety for all players. Corrective glasses and properly padded casts allowed.

Score Reporting. The winning team shall report the score and any red cards in GotSport per the instructions on the game card within 24 hours.